Dear VAQ-131 Families,

Let me take this opportunity to introduce myself. My name is Heather Hanna and I was appointed as your ombudsman for this command. My husband and I have been married for 9 years and we have 3 children. We have been stationed on the west coast and in Germany.

As you may already know, ombudsmen are here to assist Navy families. We act as a liaison between the command and families, and we communicate information about the command and community resources to families.

Please call me if I can be of assistance to you or your family. Your questions, comments, concerns, etc will all be held in the strictest confidence, within the guidelines defined in OPNAVINST 1750.1F – the Navy Family Ombudsman instruction. A few items that I am required to report to the Commanding Officer. They are: child abuse, spouse abuse, potential or attempted suicide, potential homicidal behavior and any other items that the Commanding Officer has identified as reportable. My normal phone hours are Monday – Friday from 9:00 am to 4:00 pm for non-emergencies. I am available 24 hours a day for emergencies. My phone number is 360-914-7901. You may also reach me at my email address, vaq131ombudsman@gmail.com.

Sincerely,

Heather Hanna

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